

## CLAIMS

What is claimed is:

1. A coding system for use in conjunction with a series of sequentially applied products, the coding system having indicia indicating to a user of said series of products a time and a sequence of use of said series of products, the coding system comprising:

time indicia disposed on a surface of each product of said series of products, said time indicia indicating to said user a time of day for using each product of said series of products and thereby enabling said user to select a group of products from said series of products having a common time indicia disposed thereon; and

sequence indicia disposed on a surface of each product of said series of products, said sequence indicia indicating to said user an order of using each product of said series of products, thereby enabling said user to use said group of selected products in said order.

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2. The coding system according to claim 1, wherein said time indicia includes a solar character enabling said user of said series of products to select a first group of products from said series of products which are to be used during the day and wherein said time indicia includes a lunar character enabling said user of said series of products to select a second group of products from said series of products which are to be used at night.

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3. The coding system according to claim 2, wherein said sequence indicia includes a series of ascending numerical characters, wherein said ascending numerical characters instruct said user to use said products of each of said first and second group of products in ascending

numerical order.

4. The coding system according to claim 3, wherein said coding system is disposed on a series of labels, wherein a selected one of said series of labels is attached to a respective 5 product of said series of products.

5. The coding system according to claim 4, wherein said series of labels are applied to an outer surface of said container.

10 6. The coding system according to claim 5, wherein said container includes a product retaining portion and a cap configured and adapted to close an open end of said product retaining portion.

15 7. A coding system having a sequence of indicia, the indicia indicating to a user a time and a sequence of use of a product, wherein said coding system is applied to a series of product containers, the coding system comprising:

20 time indicia disposed on an outer surface of each product container of said series of product containers, said time indicia indicating to said user a time of day in which to use a product contained in a selected group of said series of product containers having a common time indicia; and

sequence indicia disposed on an outer surface of each product container of said series of product containers, said sequence indicia indicating to said user a sequence in which to use said

products contained in said selected group of said series of product containers having said common time indicia.

8. The coding system according to claim 7, wherein said time indicia includes a solar 5 character indicating to said user that said products retained in said selected group of said series of product containers is to be used during the day and wherein said time indicia includes a lunar character indicating to said user that said product retained in said selected group of said series of product containers is to be used during the evening.

9. The coding system according to claim 8, wherein said sequence indicia includes a series of ascending numerical characters, wherein said user of said products retained in said selected group of said series of product containers uses said products retained in said selected group in ascending numerical order.

10. The coding system according to claim 9, wherein said coding system is disposed 15 on a series of labels, wherein a selected one of said series of labels is attached to a respective product container of said series of product containers.

11. A method of determining a proper time and a proper sequence of the use of a 20 series of products, comprising the steps of:  
assigning a time indicia to each product of said series of products, wherein said time indicia indicates to a user a time of day for using each product of said series of products;

assigning a sequence indicia to each product of said series of products, wherein said sequence indicia indicates to said user an order of using each product of said series of products;

5 determining a time of day;

correlating said time indicia of each product with said time of day;

selecting a group of products having a common time indicia relating to said determined time of day; and

using said selected group of products having a common time indicia in order of said sequential indicia.

10 12. The method according to claim 11, wherein said time indicia includes a solar character indicative of use of a product in the morning and a lunar character indicative of use of a product in the evening.

15 13. The method according to claim 12, wherein said selection of said group of products comprises selecting a morning group of products, from said series of products, having a solar character associated therewith, for use in the morning.

14. The method according to claim 13, wherein said sequence indicia includes a series of numerically ascending numerals.

20 15. The method according to claim 14, wherein said use of said morning group of products comprises using said morning group of products in ascending numerical order.

16. The method according to claim 15, further comprising the step of:

selecting an evening group of products, from said series of products, having a lunar character associated therewith, for use in the evening.

5 17. The method according to claim 16, wherein said use of said evening group of  
products comprises using said evening group of products in ascending numerical order.